Legume screening for cover crops: weed suppression, biomass development and nitrogen fixation

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1 Introduction and objectives of the project

1.1 Situation

Agriculture is faced with the enormous challenges of resource conservation. A more efficient use of light, water, nutrients and energy will be one of the great challenges of the future. Green manure/cover crops and mixed crops may be possible solutions. In order to improve the present situation, and to protect resources in a sustainable manner, great efforts in both research and application are crucial. The aim is to efficiently prevent nitrogen loss and selectively incorporate it in the farm system via the use of legumes.

Judiciously choosing plants and plant communities (including new ones) could result in greater importance of green manure/catch crops, if the potential of resource conservation can demonstrate its usefulness and convince farmers.

1.2 Possible solutions and objectives of the project

To evaluate and quantify the agronomic potential of approximately 30 legumes, with a view to developing mixtures for future intercropping. Special attention must be made to the following aspects:

- Efficient binding/use of nitrogen present in the soil after harvest
- Nitrogen bio-synthesis through the use of legumes
- Weed suppression through natural competition and allelopathy (excretion of inhibitors by certain plants)
- Prevention of erosion, reduction of structural damage
- Evaporation protection, shade
- Accumulation of organic matter
- Increasing biological activity and soil fertility

The first three points mentioned above were investigated specifically.

2 Materials and methods

2.1 Screening trial

The following plants were selected for the procedure to calculate the potential of nitrogen uptake, soil cover, and weed suppression of legumes:

- 1. Lotus corniculatus Bird's-foot Trefoil
- 2. Lupinus albus White Iupin
- 3. Medicago lupulina Black Medic
- 4. Medicago sativa Alfalfa
- 5. Melilotus albus Sweet clover
- 6. Onobrychis viciifolia Sainfoin
- 7. Trifolium alexandrinum Egyptian clover
- 8. Trifolium hybridum Swedish clover
- 9. Trifolium incarnatum Crimson clover
- 10. Trifolium pratense Red clover
- 11. Trifolium repens White clover

- 12. *Trifolium resupinatum* Persian clover
- 13. Trifolium subterraneum Subterranean clover
- 14. Vicia faba Faba bean
- 15. Vicia pannonica Hungarian vetch
- 16. Vicia sativa Common vetch
- 17. Lens culinaris Lentil
- 18. Trigonella foenum-graecum Fenugreek
- 19. Vicia villosa Hairy vetch
- 20. Lathyrus sativus Grass pea / Chickling vetch
- 21. Pisum sativum HARDY Pea variety HARDY
- 22. Pisum sativum ARVIKA Pea variety ARVIKA
- 23. Glycine max Soybean
- 24. Lupinus angustifolius Blue lupin
- 25. *Trigonella caerulea* Blue fenugreek
- 26. Cicer arietinum Chickpea
- 27. Terra nuda uncovered soil (control)
- 28. Lens culinaris Lentil (Canadian variety)
- 29. Avena sativa Oat
- 30. Phacelia tanacetifolia Phacelia

In addition to 27 legume species, the non-legume species, spring oat and phacelia, were sown and used as reference, and one procedure served as control of uncovered soil.

These 29 plant species were sown as pure culture on the one hand in 2010 in Changins, and in Changins (Western part of Switzerland) and in Zollikofen (Bern) in 2011, and mixed with oats and phacelia, on the other (split plot enclosure). Trials were carried out three times each, resulting in 360 elementary plots per study site.

Trials with the pure cultures were mainly concerned with studying over-wintering (freezing and effect on the seeds of successive crops).



Illustration 1: Pure culture trial design. Each elementary plot measures 1.5 x 6m; T = Strips with oats bordering the remaining area.

In the split-plot trial, emergence and plant development data were collected until the first frost.

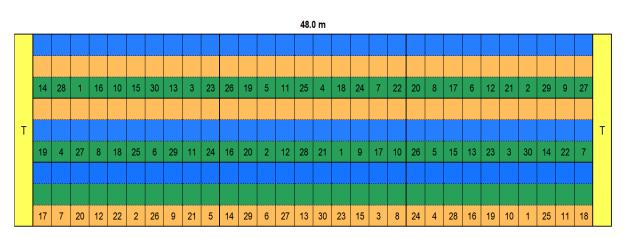


Illustration 2: Split plot trial design. Each elementary plot measures 1.5m x 18m (divided into $3 \times 6m$). Green = pure culture, blue = Phacelia-seed added, orange = oat seed added, T = strips with oats bordering the remaining areas.

After 25, 35, 45, 55, 65 and 75 \pm 3 days, the speed of emergence and soil cover were examined. Weed suppression was measured in autumn and spring, and biomass production of the plants and weeds at the end of the vegetation period. The harvested samples were examined in the lab for N-, P-, K-, Ca- and Mg-content. At the end of the vegetation period, the plants were measured for height, and the portion of legumes (%) in the mixtures with oats and phacelia was determined. Further data was collected the following spring.

2.2 N-Fixation potential

To answer the question of how much atmospheric nitrogen is fixed by legumes, a pot trial was carried out in Zollikofen, using 20 legumes (3 repetitions). The plants were sown in pure sand and supplied with an N-free nutrient solution.

The Natural- \dot{N}^{15} -abundance method was chosen to determine fixation performance. Here the ratio of the stable N-Isotope N^{14} and N^{15} in the plant was used, making it possible to differentiate the nitrogen available to the plants in the soil from the molecular nitrogen in the air. As in the field, phacelia and spring oat were used as reference plants.

The trial was planted and harvested at the same time as the field trials.

2.3 Effect on succeeding crops

In 2012 the development of the succeeding crop (sugar beets) were also examined in Zollikofen. The following data and observations were made:

- In addition to "Observations the following spring", under Chapter 2.1, the dominant surviving weeds were also determined.
- Emergence of the sugar beets (the number of emerging plants)
- Data on aphid and slug damage to the sugar beets
- Young plant development
 - → height in cm in BBCH19 stage
 - → plant propagation (measuring leaf spread) in cm in BBCH 19 stage
- Determining the biomass of the sugar beets on June 28th, separating leaf biomass and root biomass.

3 Selected results and discussion

3.1 Screening trial

3.1.1 Gross biomass

The gross biomass is composed of the tested plants and weeds in dt dry matter/ha (DM/ha).

The average amount of gross biomass produced varies a great deal, ranging from 11.9 dt DM/ha in the Bird's-foot Trefoil procedure to 62.6 dt DM/ha with the Faba bean. In the "uncovered soil" procedure, an average DM production rose from 9.8 dt/ha due to the weeds. In a total of 7 procedures, the studies show a DM production of over 40 dt/ha: *Pisum sativum cv ARVIKA* (42.2dt), *Avena sativa* (43.8dt), *Lupinus albus* (44.0dt), *Vicia satia* (45.7dt), *Phacelia tanacetifolia* (47.0dt), *Pisum sativum HARDY* (52.1dt), *Vicia faba* (62.6dt).

The lowest DM production: control - uncovered soil (9.8dt), *Lotus corniculatus* (11.9dt), *Cicer arietinum* (16.3dt), *Trigonella caerulea* (16.4dt), *Medicago lupulina* (16.9dt).

3.1.2 Net biomass

Net biomass is obtained by subtracting weed biomass from the gross biomass.

Chart 1: Net biomass in three trials, Changins and Zollikofen in dt DM/ha. The different letters indicate statistically significant differences (p<0.5).

| | Changins | | ins | ns Zo | | kofen | | |
|---------------------------|-----------------|-------|------|-------|------|---------|------------------|------|
| Plant species | 201 | 0 | 20 | 2011 | | average | SD ²⁾ | |
| Uncovered soil | 0.0 | I | 0.0 | j | 0.0 | k | 0.0 | 0.0 |
| Lotus corniculatus | 3.3 | jkl | 6.0 | ij | 4.3 | jk | 4.6 | 1.4 |
| Onobrychis viciifolia | 6.7 | ijkl | 14.1 | fghi | 10.1 | ij | 10.3 | 3.7 |
| Cicer arietinum | 17.2 | gh | 11.1 | fghij | 4.0 | jk | 10.8 | 6.6 |
| Medicago lupulina | 6.7 | ijkl | 10.2 | ghij | 15.9 | ghi | 10.9 | 4.6 |
| Trifolium repens | 11.2 | hijk | 9.7 | hij | 14.7 | ghi | 11.9 | 2.6 |
| Trifolium hybridum | 14.4 | ghi | 11.3 | fghij | 11.1 | hij | 12.3 | 1.9 |
| Trigonella caerulea | 4.4 | jkl | 14.7 | fghi | 21.5 | efg | 13.5 | 8.6 |
| Trifolium pratense | 11.0 | hijk | 14.0 | fghi | 16.1 | ghi | 13.7 | 2.5 |
| Melilotus albus | 10.1 | hijk | 17.2 | fghi | 15.7 | ghi | 14.3 | 3.8 |
| Trifolium subterraneum | 12.8 | ghij | 17.0 | fghi | 14.9 | ghi | 14.9 | 2.1 |
| Medicago sativa | 11.5 | hijk | 20.3 | fgh | 22.7 | efg | 18.2 | 5.9 |
| Trigonella foenum-graecum | 9.0 | hijkl | 38.4 | cd | 17.6 | fghi | 21.7 | 15.1 |
| Lupinus angustifolius | 9.9 | hijk | 36.5 | d | 21.2 | efg | 22.6 | 13.4 |
| Lens culinaris cv.Canada | 32.4 | de | 15.0 | fghi | 25.2 | def | 24.2 | 8.7 |
| Vicia pannonica | 35.2 | de | 19.0 | fgh | 20.0 | fgh | 24.7 | 9.1 |
| Trifolium resupinatum | 34.4 | de | 21.7 | fg | 26.1 | def | 27.4 | 6.4 |
| Glycine max | 2.0 | kl | 48.3 | bc | 34.1 | d | 28.1 | 23.7 |
| Lens culinaris | 40.5 | cd | 22.3 | ef | 32.0 | d | 31.6 | 9.1 |
| Trifolium incarnatum | 30.0 | ef | 32.7 | de | 32.5 | d | 31.7 | 1.5 |
| Trifolium alexandrinum | 31.7 | de | 32.4 | de | 31.9 | d | 32.0 | 0.4 |
| Lathyrus sativus | NA ¹ | | 39.9 | cd | 29.5 | de | 34.7 | 7.3 |
| Vicia villosa | 44.8 | bc | 35.7 | d | 32.3 | d | 37.6 | 6.5 |
| Lupinus albus | 21.5 | fg | 56.0 | b | 46.8 | bc | 41.4 | 17.9 |
| Avena sativa | 40.3 | cd | 36.0 | d | 48.2 | bc | 41.5 | 6.2 |
| Pisum sativum cv.Arvica | 52.7 | ab | 40.2 | cd | 33.3 | d | 42.1 | 9.8 |
| Vicia sativa | 54.0 | а | 35.4 | d | 43.9 | С | 44.5 | 9.3 |
| Phacelia tanacetifolia | 26.7 | ef | 52.3 | b | 55.0 | ab | 44.7 | 15.7 |
| Pisum sativum cv.Hardy | 53.6 | а | 55.2 | b | 44.6 | С | 51.1 | 5.7 |
| Vicia faba | 41.0 | cd | 74.5 | а | 62.7 | а | 59.4 | 17.0 |

The above chart shows that the best procedures in gross production are also the best procedures in net production. Procedures which produce over 40 dt DM/ha in gross production, show efficient weed suppression and also produce over 40 dt DM/ha via the sown plants. The Faba bean resulted in the highest values, at almost 60 dt DM/ha, which is very high when one takes into consideration that this biomass was produced within a relatively short period of time (beginning of August to the end of the vegetation period).

3.1.3 Growth and soil cover

Fast emergence and fast soil cover are important for fighting erosion and suppressing weeds.

Chart 2: The number of days needed to obtain 50% soil cover. Trial 2010 (Changins) and 2011 (Changins and Zollikofen). The different letters indicate statistically significant differences (p<0.5).

| | Changins | | Zollikofen | | | | | | | |
|---|-----------------|-------|-----------------|---------|------------|-------|----|--------|---------|------------------|
| | | 040 | | | 2011 split | | | 0011 | | op2) |
| Plant species | | 010 | | 2011 | | plot | | 2011 | average | SD ²⁾ |
| Vicia villosa | 11 | g | 18 | defgh | 21 | bcde | 22 | cdefgh | 18 | 4.9 |
| Trifolium resupinatum | 16 | fg | 23 | cdefgh | 21 | bcde | 21 | defgh | 20 | 3 |
| Pisum sativum cv.Arvica | 24 | defg | 16 | h | 20 | bcde | 20 | efgh | 20 | 3.5 |
| Vicia sativa | 20 | efg | 18 | fgh | 23 | abcd | 22 | cdefgh | 21 | 2.2 |
| Lathyrus sativus | NA ¹ | | 19 | defgh | 22 | bcde | 23 | cdefgh | 21 | 1.9 |
| Lens culinaris | 21 | efg | 21 | cdefgh | 21 | bcde | 22 | cdefgh | 21 | 0.7 |
| Trifolium incarnatum | 23 | efg | 23 | cdefgh | 20 | cde | 21 | efgh | 22 | 1.7 |
| Pisum sativum cv.Hardy | 28 | cdefg | 17 | fgh | 21 | bcde | 22 | cdefgh | 22 | 4.4 |
| Phacelia tanacetifolia | 35 | cde | 17 | fgh | 17 | е | 17 | h | 22 | 9 |
| Lens culinaris cv.canada | 25 | defg | 20 | cdefgh | 23 | abcd | 23 | cdefgh | 23 | 2 |
| Lupinus albus | 33 | cdef | 18 | fgh | 21 | bcde | 20 | fgh | 23 | 6.8 |
| Trigonella caerulea | 27 | cdefg | 21 | cdefgh | 22 | bcde | 21 | defgh | 23 | 3 |
| Trifolium alexandrinum | 25 | defg | 22 | cdefgh | 23 | abcd | 24 | cdefg | 24 | 1.1 |
| Vicia pannonica | 24 | defg | 24 | bcdefgh | 23 | abcd | 25 | bcdefg | 24 | 0.8 |
| Cicer arietinum | 27 | cdefg | 18 | efgh | 21 | bcde | 30 | ab | 24 | 5.4 |
| Avena sativa | 34 | cdef | 21 | cdefgh | 23 | abcd | 22 | defgh | 25 | 5.9 |
| Medicago sativa | 29 | cdefg | 27 | bcdefg | 22 | abcde | 21 | defgh | 25 | 3.7 |
| Trifolium pratense | 27 | cdefg | 29 | bcd | 22 | bcde | 25 | bcdef | 26 | 2.9 |
| Vicia faba | 37 | cde | 18 | fgh | 26 | ab | 23 | cdefgh | 26 | 7.9 |
| Trifolium hybridum | 30 | cdefg | 27 | bcdef | 25 | ab | 25 | bcdefg | 27 | 2.5 |
| Medicago lupulina | 36 | cde | 30 | bc | 21 | bcde | 21 | defgh | 27 | 7.4 |
| Trifolium subterraneum | 27 | cdefg | 34 | b | 24 | abcd | 24 | bcdefg | 27 | 4.7 |
| Trigonella foenum-graecum | 45 | С | 20 | cdefgh | 22 | abcde | 24 | cdefg | 28 | 11.4 |
| Melilotus albus | 35 | cde | 28 | bcde | 24 | abcd | 26 | bcdef | 28 | 5 |
| Lupinus angustifolius | 43 | cd | 26 | bcdefgh | 24 | abcd | 27 | abcde | 30 | 8.8 |
| Lotus corniculatus | 43 | cd | NA ¹ | | 25 | ab | 27 | abcd | 32 | 9.8 |
| Trifolium repens | 39 | cde | 54 | а | 25 | abc | 26 | bcdef | 36 | 13.5 |
| Glycine max | 89 | а | 17 | gh | 19 | de | 18 | gh | 36 | 35.6 |
| Onobrychis viciifolia | 68 | b | 49 | а | 27 | а | 28 | abc | 43 | 19.2 |
| ¹ Not available ²⁾ = Standard deviation | | | | | | | | | | |

Some tested species cover the soil very quickly, that is, in approximately 3 weeks for 50% cover. These include Hairy vetch, Persian clover, Pea, Common vetch, Grass pea/Chickling vetch and Lentil. On the other hand, certain plant species require almost twice as long.

3.1.4 Soil cover, produced biomass and weeds

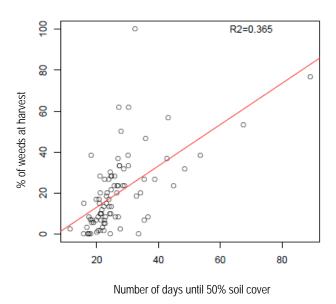


Illustration 3: Correlation between the number of days required for 50% soil cover and the % of weeds at harvest.

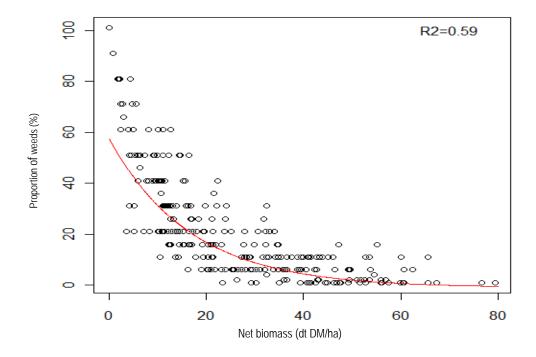


Illustration 4: Correlation between harvested biomass of green manure crops and proportion of weeds.

Illustration 5 indicates that there is a connection between the biomass of the green manure crop (net biomass) and the emergence of weeds. It is basically true that procedures with a high biomass production result in fewer weeds. There are exceptions, two of which are the Trigonella-species.

3.1.5 Amount of nitrogen in the above-ground biomass of the tested plants

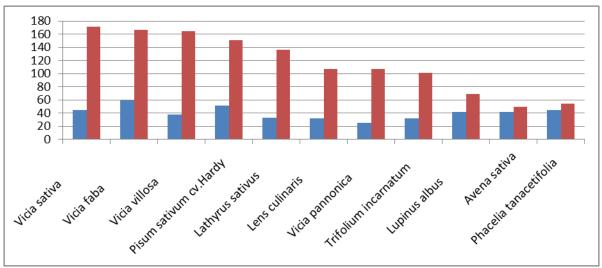


Illustration 5: Net biomass in dt DM/ha (blue columns) and the amount of nitrogen in kg/ha (red columns) in the above-ground biomass of a selection of tested plants in the trial.

The above graph demonstrates that in some cases, very high levels of nitrogen are present in the above-ground biomass. In the middle of 3 trials, 8 of the tested plants showed more than 100kg/ha nitrogen in the above-ground biomass. The three Vicia-species, Common vetch, Faba bean, and Hairy vetch even showed levels above 160kg N/ha. At this high level, one must consider whether a portion will not be washed away over winter. It is true that Oat and Phacelia produce high amounts of net biomass, but show considerably lower levels of nitrogen per hectare.

3.2 Biologically fixed nitrogen

With the help of the values obtained from the pot trial, a calculation could be made of how much nitrogen the planted legumes fixed from the air.

Chart 3 shows that several legume species fix no or practically no nitrogen from the air, probably because the specific rhizobia were absent and had to be inoculated. These include species which do not normally grow, or are not normally planted in Switzerland, such as Blue fenugreek (*Trigonella caerulea*), Chickpea (*Cicer arietinum*) and Fenugreek (*Trigonella foenum-graecum*).

On the other hand, there are plant species which can fix high levels of nitrogen from the air. The 5 plants with the highest fixation performance showed levels clearly over 100 kgN/ha of fixed atmospheric nitrogen. The trials also indicate that under the climatic conditions of the Swiss Plateau area, considerable amounts of nitrogen can be added to the system through legumes used as green manure after cereal harvest. Many factors, which were not at all, or not completely covered in the trial, that is to say, included in the evaluations, could change the results. Most of the results, however, are similar or consistent with foreign studies. Unfortunately, however, it is impossible to estimate the ratio of N extracted from the ground to fixed atmospheric N, as the formation of rhizobia certainly changes when nitrogen is already present in the soil. Furthermore, only the above-ground biomass was tested in the studies: nitrogen present in the roots was not recorded.

Chart 3: Levels of fixed atmospheric nitrogen through the sown plants in the trial. Trial 2010 (Changins) and 2011 (Changins and Zollikofen). The different letters indicate statistically significant differences (p<0.5).

| | | ount of fixed Nit Changins | | Changins | | ofen ´ | | |
|---------------------------|-----------------|-------------------------------|-------|----------|-------|--------|---------|------------------|
| Plant species | 201 | 10 | 20 | 11 | 2011 | | average | SD ²⁾ |
| Trigonella caerulea | 1.1 | ij | -25.0 | h | -0.8 | gh | -8.2 | 14.5 |
| Cicer arietinum | 4.4 | hij | 2.3 | h | 1.7 | gh | 2.8 | 1.4 |
| Avena sativa | 3.6 | hij | 8.5 | gh | 6.4 | g | 6.2 | 2.4 |
| Trigonella foenum-graecum | 12.7 | ghi | 28.0 | efgh | 6.3 | g | 15.7 | 11.1 |
| Glycine max | 7.5 | hij | 44.7 | defgh | 1.6 | gh | 17.9 | 23.4 |
| Trifolium subterraneum | 21.3 | fgh | 42.9 | defgh | 15.8 | g | 26.6 | 14.3 |
| Melilotus albus | 14.0 | ghi | 30.9 | efgh | 35.3 | f | 26.7 | 11.2 |
| Lupinus albus | 34.1 | f | 39.9 | defgh | 9.6 | g | 27.9 | 16.1 |
| Trifolium repens | 22.3 | fgh | 32.1 | efgh | 46.5 | ef | 33.7 | 12.2 |
| Trifolium pratense | 27.8 | fg | 36.3 | defgh | 37.5 | f | 33.9 | 5.3 |
| Medicago sativa | 19.5 | fghi | 25.2 | fgh | 62.2 | de | 35.6 | 23.2 |
| Trifolium alexandrinum | 59.5 | е | 36.3 | defgh | 58.7 | de | 51.5 | 13.2 |
| Trifolium resupinatum | 85.6 | d | 57.1 | defgh | 64.5 | cde | 69.1 | 14.8 |
| Trifolium incarnatum | 77.7 | d | 97.9 | bcdef | 57.6 | de | 77.7 | 20.1 |
| Lens culinaris | 104.6 | С | 50.0 | defgh | 80.9 | С | 78.5 | 27.4 |
| Vicia pannonica | 116.8 | С | 89.5 | cdefg | 74.7 | cd | 93.6 | 21.3 |
| Pisum sativum cv.Hardy | 109.3 | С | 116.1 | bcd | 101.5 | b | 109.0 | 7.3 |
| Lathyrus sativus | Na ¹ | | 152.4 | bc | 98.6 | b | 125.5 | 38.0 |
| Vicia sativa | 142.6 | b | 109.1 | bcde | 131.0 | а | 127.6 | 17.0 |
| Vicia faba | 112.6 | С | 175.1 | b | 130.6 | а | 139.4 | 32.2 |
| Vicia villosa | 175.0 | а | 170.6 | b | 100.1 | b | 148.6 | 42.0 |

3.3 Effect on succeeding crops

Sugar beets (variety Robinson) were then sown on the trial plot in Zollikofen on 27.3.2012 (95'000 pills/ha). On the basis of a soil analysis and precrop, fertilizer was added at 120 kg/ha K_2O , 46 kg/ha P_2O_5 and 52 kg/ha N.

3.3.1 Development of the young sugar beet plants as a function of green manure

With the development of the young plants (height and leaf blade), the "after-effect"of the green manure can be seen through improved soil structure, provision of nutrients and water supply. The results require cautious interpretation, however, as the trial lasted only one year and was held under difficult weather conditions.

Chart 4 shows that Common vetch and Hairy vetch delivered the best results and the best sugar beets developed. Alfalfa, White clover, both Trigonella-species and Grass pea/Chickling vetch and Egytian clover also performed well.

Chart 4: Growth height and plant spread of sugar beets in cm from selected procedures, recorded on June 5, 2012, Block Trial, Rütti Zollikofen, 2012

| Species of plant | Hight in cm | Rank | Leaf extent | Rank | Rank sum |
|---------------------|-------------|------|-------------|------|----------|
| | | | in cm | | total |
| Common vetch | 32.3 | 1 | 37.87 | 3 | 4 |
| Hairy vetch | 31.8 | 3 | 38.67 | 1 | 4 |
| Alfalfa | 31.7 | 4 | 38.40 | 2 | 6 |
| White clover | 31.7 | 4 | 36.67 | 7 | 11 |
| Fenugreek | 30.8 | 8 | 37.87 | 3 | 11 |
| Blue fenugreek | 31.6 | 7 | 37.73 | 5 | 12 |
| Grass pea | 31.7 | 4 | 34.53 | 10 | 14 |
| Egyptian clover | 30.8 | 8 | 37.47 | 6 | 14 |
| Persian clover | 30.6 | 10 | 35.33 | 8 | 18 |
| Pea ARVIKA | 29.7 | 14 | 34.00 | 14 | 28 |
| Pea HARDY | 30.4 | 12 | 32.80 | 20 | 32 |
| Uncovered soil | 27.3 | 23 | 34.00 | 14 | 37 |
| Bird's-foot Trefoil | 29.3 | 16 | 32.53 | 22 | 38 |
| Soybean | 27.8 | 22 | 33.60 | 17 | 39 |
| Black Medic | 28.1 | 21 | 33.30 | 19 | 40 |
| Hungarian vetch | 28.8 | 19 | 32.30 | 23 | 42 |
| Crimson clover | 28.5 | 20 | 32.20 | 24 | 44 |
| Oat | 26.8 | 24 | 32.70 | 21 | 45 |

On the other hand, there are species, such as Pea ARVIKA, Pea HARDY, Soybean and Hungarian vetch, which looked good in autumn, but delivered only moderate to poor results. It is difficult to find an explanation for this poor performance. One possibility could be the "cover" formed by frozen plant matter, which prevented the soil from drying. Crismon clover and Oat showed the worst results, even worse than the uncovered soil. Possibly there was an allelopathic effect on the sugar beets.

3.3.2 Development of sugar beet biomass as a function of green manure

Chart 5: The development of root and leaf biomass of the sugar beets (an average of 5 beets/procedure) in kg DM. Selected procedures, in descending order according to root yield, recorded on June 28, 2012, Block Trial Rütti Zollikofen, 2012

| Plant species | kg | kg |
|-----------------|---------|---------|
| | root-DM | leaf-DM |
| Hairy vetch | 1.36 a | 2.74 a |
| Eyptian clover | 1.27 a | 2.17 ab |
| Fenugreek | 1.25 a | 2.09 ab |
| Alfalfa | 1.19 a | 2.18 ab |
| Persian clover | 1.19 a | 1.91 ab |
| White clover | 1.19 a | 2.31 ab |
| Black Medic | 1.18 a | 1.89 ab |
| Blue lupin | 1.18 a | 2.12 ab |
| Grass pea | 1.17 a | 2.18 ab |
| Sainfoin | 1.12 a | 1.68 ab |
| Uncovered soil | 0.97 a | 1.47 ab |
| Blue fenugreek | 0.96 a | 1.76 ab |
| Pea HARDY | 0.91 a | 1.58 ab |
| Pea ARVIKA | 0.90 a | 1.72 ab |
| Oat | 0.90 a | 1.47 ab |
| Crimson clover | 0.86 a | 1.38 b |
| Hungarian vetch | 0.84 a | 1.89 ab |

Root yield and sugar content of the sugar beets are certainly important for the farmer. Due to a shortage of funds (and labour), however, unfortunately neither the yield nor the sugar content were recorded in the autumn, which would no doubt have been more reliable and revealing than collecting data at the end of June. Nonetheless, conclusions can be drawn from the values obtained. The root yield shows mere tendencies, and no statistically significant values. Statistically speaking, the Crimson clover trial (lowest DM-yield) and Hairy vetch (highest DM-yield) were significantly different in leaf formation.

With few exceptions, the same procedures with Hairy vetch, Alfalfa, White clover and Fenugreek, showed the best root yields and young plant development. However, there are plants with good young plant development, but very poor root yield. For example, Common vetch, which, along with Hairy vetch, showed the best young plant development, slipped into the middle field in terms of root yield. The worst results, in both yield and young plant development were seen in the Oat, Crimson clover, and Hungarian vetch procedures. What is surprising is that root and leaf yield do not always conveniently correlate. Therefore, there are procedures (plants), such as Common vetch, which led to a high leaf yield with the sugar beets, and a relatively modest root yield. However the opposite was also observed: relatively modest foliage and a surprisingly high root yield, such as Persian clover and Black Medic.

4 Overall discussion and conclusions

On the whole, a very positive conclusion can be drawn. The trials have taken us forward significantly. Of the 27 tested legume species, we were able to identify some very interesting ones.

Plants which emerge quickly, cover well, and grow rapidly suppress weeds efficiently and can also form large amounts of biomass. On the basis of the trials, however, we cannot say which legume species are able to absorb especially much nitrogen present in the soil. The experiments have demonstrated that there are legumes which are in a position to fix atmospheric nitrogen very efficiently and in large quantities, especially the Vetch species, which can fix amounts significantly more than 100 kg N/ha within approximately 3 months in above-ground biomass. When one considers that about the same quantity can be found underground in the roots and nodules (which were not examined), this means an immense potential of fixing atmospheric N. Peas and Vetch are very efficient builders of biomass and therefore also enjoy a high potential for building organic matter ("friable humus"). Of the 27 tested legumes, 10 formed more than 30 dt DM/ha of above-ground biomass, which is a very high level. When summing up the profit for the succeeding crop, the following species seem particularly interesting: Hairy vetch, Egyptian clover and Persian clover. Both Trigonella species and White clover are also of interest. With these species, the sugar beets tended to develop better than in uncovered soil. These species warrant further investigation. On the other hand, there seem to be plant species which suppress weeds well, can absorb and fix large quantities of N, such as Crimson clover; yet succeeding crops develop poorly. Oat, too, as reference plant, showed that, whereas it forms large quantities of biomass in the autumn and suppresses weeds well, the succeeding crop develops badly. On the basis of the tests, it can also be said that the future will lie not in single species but in mixtures. In this way various positive effects can be combined and negative effects eliminated.

5 Acknowledgements

The trials were carried out in collaboration with the Federal Research Station ACW Changins (Dr. Raphael Charles) and Master-Student, Claude-Alain Gebhard, with financial support from the Federal Department of Economic Affairs, Education and Research.

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